



IEHP UM Subcommittee Approved Authorization Guideline			
Guideline	Day Habilitation Programs	Guideline #	UM_CSS 12
		Original Effective Date	7/1/2023
Section	Community Support Services	Revision Date	7/5/2026
		Committee Approval Date	7/20/2026
		Effective Date	8/1/2026

COVERAGE POLICY

- A. Day Habilitation Programs are provided in a Member's home or an out of home, non-facility setting. The programs are designed to assist the Member in acquiring, retaining, and improving self-help, socialization, and adaptive skills necessary to reside successfully in the person's natural environment. The services are often considered peer mentoring when provided by an unlicensed caregiver with the necessary training and supervision.
- B. Day Habilitation Programs are best suited for Individuals who are experiencing homelessness, individuals who exited homelessness and entered housing in the last 24 months, and individuals at risk of homelessness or institutionalization whose housing stability could be improved through participation in a day habilitation program.
- C. For Members experiencing homelessness who are receiving enhanced care management (ECM) or other Community Supports, Day Habilitation Programs can provide a physical location for Members to meet with an engage with these providers. When possible, ECM and other Community Supports should be provided by the same entity that is providing Day Habilitation to minimize the number of care/case management transitions experienced by Members and to improve overall care coordination and management.
- D. Day Habilitation Program services include, but are not limited to, training on:
 - 1. The use of public transportation.
 - 2. Personal skills development in conflict resolution.
 - 3. Community participation.
 - 4. Developing and maintaining interpersonal relationships.
 - 5. Daily living skills (Cooking, cleaning, shopping, money management).
 - 6. Community resource awareness such as police, fire, or local services to support independence in the community.
- E. Programs may include assistance with, but not limited to, the following:
 - 1. Selecting and moving into a home;
 - 2. Locating and choosing suitable housemates;
 - 3. Locating household furnishing;
 - 4. Settling disputes with landlords;
 - 5. Managing personal financial affairs;
 - 6. Recruiting, screening, hiring, training, supervising, and dismissing personal attendants;
 - 7. Dealing with and responding appropriately to governmental agencies and

- personnel;
 - 8. Asserting civil and statutory rights through self-advocacy;
 - 9. Building and maintain interpersonal relationships, include a circle of support;
 - 10. Coordination with the Inland Empire Health Plan and link Member to any Community Supports and/or enhanced care management services for which the Member may be eligible;
 - 11. Providing a referral to non-Community Supports housing if Member does not meet eligibility criteria for Housing Transition Navigation Services (HTNS), Housing Deposits, Housing Tenancy and Sustaining Services (HTSS), or Transitional Rent.
 - 12. Assistance with income and benefits advocacy including general assistance/ general relief and SSI if Member is not receiving these services through Community Supports or Enhanced Care Management; and
 - 13. Coordination with IEHP to link Member to health care, mental health services, substance use disorder services based on the individual needs of the Member, for Members who are not already receiving this linkage through Community Supports or Enhanced Care Management (ECM.)
- F. Members are eligible for Day Habilitation services when one of the following is met:
- 1. Member is experiencing homelessness; or
 - a. A signed Homeless attestation from the Member must be provided when the request is submitted by an entity acting on the Member's behalf.
 - 2. Member recently exited homelessness and entered housing in the last 24 months; or
 - 3. Member is at risk of homelessness or institutionalization whose housing stability could be improved through participation in a Day Habilitation Program
- G. The Services provided should utilize best practices for Members who are experiencing homelessness or formerly experiencing homelessness and who have complex health, disability, and/or behavioral health conditions. Examples of best practices include Housing First, Harm Reduction, and Motivational Interviewing.
- H. The services are available as long as necessary. Services can be provided continuously, or through intermittent meetings, in an individual or group setting.
- I. Any request for an extension of Day Habilitation Services must include all of the following elements:
- 1. Documentation explaining why Member needs to continue services under Day Habilitation
 - 2. Documentation showing how Member's housing stability could be improved through continued participation in a Day Habilitation Program
- Documentation must include detailed records of the services provided during the previous authorization period, including dates of service, the amount of time spent, and a description of the specific activities performed.

COVERAGE LIMITATIONS AND EXCLUSIONS

- A. Community supports shall supplement and not supplant services received by the Member through other state, local or federally funded programs, in accordance with applicable federal waiver authorities, MCP Contract, APLs, and DHCS guidance.
- B. While receiving Day Habilitation Program services, Members needing assistance with housing-related services and supports should be referred for the Housing Trio (HTNS, Housing Deposits and HTSS) and may also be referred for Transitional Rent.

CPT Codes/HCPCS Codes/ICD-10 Codes

Code	Modifier	Code Description
T2012	U6	Habilitation, educational; per diem. Modifier used with HCPCS code T2012 to indicate Community Supports Day Habilitation Programs
T2014	U6	Habilitation, prevocational; per diem. Modifier used with HCPCS code T2014 to indicate Community Supports Day Habilitation Programs.
T2018	U6	Habilitation supported employment; per diem. Modifier used with HCPCS code T2018 to indicate Community Supports Day Habilitation Programs.
T2020	U6	Day Habilitation; per diem. Modifier used with HCPCS code T2020 to indicate Community Supports Day Habilitation Programs.
H2014	U6	Skills training and development; per 15 minutes. Modifier used with HCPCS code H2014 to indicate Community Supports Day Habilitation Programs.
H2038	U6	Skills training and development; per diem. Used with HCPCS code H2038 to indicate Community Supports Day Habilitation Programs.
H2024	U6	Supported employment; per diem. Modifier used with HCPCS code H2024 to indicate Community Supports Day Habilitation Programs.
H2026	U6	Ongoing support to maintain employment; per diem. Used with HCPCS code H2026 to indicate Community Supports Day Habilitation Programs.

DEFINITION OF TERMS

1. **Institutionalization** – the state of being placed or kept in a residential institution.
2. **Homelessness** (HUD definition for the purpose of Community Supports) - Individual or family who lacks a fixed, regular, and adequate nighttime residence and is living or sleeping in a place not meant for human habitation (e.g., streets, vehicles) or residing in emergency shelters, transitional living, or non-service-funded motels or hotels.
3. **At risk of Homelessness** (HUD definition for the purpose of Community Supports)– Does not have sufficient resources or support networks, e.g. family, friends, faith-based or other social networks, immediately available to prevent them from moving to an emergency shelter or another place as described above for “homelessness” and meets one of the following:
 - a. Having a written eviction notice from a landlord or housing provider within 30 days, with no subsequent residence identified and individual / family lacks the resources or support networks needed to obtain other permanent housing; or
 - b. Moved for economic reasons two or more times in the past 90 day; or
 - c. Living with others due to financial hardship; or
 - d. Staying in a motel/hotel not funded by charity or government programs for low-income individuals; or
 - e. Residing in a single-room occupancy or efficiency apartment (e.g. studio apartment) unit in which there reside more than two persons or lives in a larger housing unit in which there reside more than 1.5 persons per room, as defined by the U.S. Census Bureau; or
 - f. Exiting a publicly funded institution (e.g. health-care facility, mental health facility,

- foster care or other youth facility, or correction program or institution) and were homeless immediately prior to entering that institutional stay or become homeless during that stay, regardless of the length of the institutionalization; or
- g. Living in unstable or insecure housing, as identified in the recipient's HUD-approved Consolidated Plan (a required five-year planning document that shows how a community will use federal housing and homelessness funds based on local needs; or)
 - h. Fleeing, or is attempting to flee, domestic violence, has no other residence, and lacks the resources or support networks to obtain other permanent housing.
 - i. A child or youth who does not qualify as homeless under this section but qualifies as "homeless" under section 387(3) of the Runaway and Homeless Youth Act (42 United State Code 5732a(3)), section 637(11) of the Head Start Act (42 U.S. Code 9832 (11)), section 41403(6) of the Violence Against Women Act of 1994 (42 U.S. Code 14043e-2(6)), section 330 (h)(5)(A) of the Public Health Service Act (42 U.S. Code 254b(h)(5)(A)), section 3(m) of the Food and Nutrition Act of 2008 (7 U.S. Code 2012(m)), or section 17(b)(15) of the Child Nutrition Act of 1966 (42 U.S. Code 1786(b)(15)); or
 - j. A child or youth who does not qualify as "homeless" under this section but qualifies as "homeless" under section 725(2) of the McKinney-Vento Homeless Assistance Act (42 U.S. Code 11434a(2)) and the parent(s) or guardian(s) of that child or youth is living with her or him.

REFERENCES

1. State of California-Health and Human Services Agency, Department of Health Care Services April 2025. Medi-Cal Community Supports, or In Lieu of Services (ILOS), Policy Guide, Volume 2 – Community Supports to Support Members Experiencing or At Risk of Homelessness
2. Code of Federal Regulations, 2000. Title 24, Housing and Urban Development, Part 91-Consolidated Submissions for Community Planning and Development Programs, Subpart A-General, Section 91.5-Definitions. <https://www.ecfr.gov/current/title-24/subtitle-A/part-91/subpart-A/section-91>

DISCLAIMER

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